

### RED C Sustainability Monitor Environmental Attitudes and Behaviours in Ireland

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### **Monitoring Sustainability**

RED C has been tracking behaviours pertaining to sustainability and the environment in the Republic of Ireland since July 2019.



This latest edition of RED C's Sustainability Monitor (previously published in March 2021) looks at consumer views on sustainability issues in Ireland.

Questions were tested on RED C's own online omnibus service, **RED Line**, in Ireland. A nationally representative sample of adults aged 18+ surveyed as follows:

/ n=1,012 in Ireland, with fieldwork in current wave conducted between  $3^{rd} - 9^{th}$  September 2021

#### Waves covered in RED C Sustainability Monitor

Jul '19

Mar '20

Sep '20

Mar '21

Sep '21



### Hope has faded slightly, with strong belief that we need to act now C

RED C Consumer Sustainability Monitor – September '21

Although there is still a high level of positivity surrounding sustainable behaviour and the environment, hope is slowly beginning to fade that there is time left and that one's actions can make a difference, especially with younger people. 2 in 5 Irish adults see COP as the world's 'best last chance' to get climate change under control.

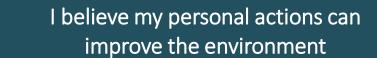
There is, understandably, a conscious effort to cut back and save where possible, with over half also regularly using eco-friendly products. It is important to reinforce peoples' belief that one's actions make a difference, as those who hold this belief are significantly more likely to live sustainably than those do not hold it.

Consideration for future generations remains a significant concern and we see a resurgence in those who see the effects of environmental problems on their life today and an easing in reluctance to lifestyle changes in order to live sustainably. Extreme weather reporting appears to have played a role in this, especially with younger people.

Although remote working is not possible for everyone and it remains to be seen the degree to which businesses can support this in the long term, there is strong support for this as a way to help reduce carbon emissions, with this belief especially supported by younger people.

Majority believe their actions matter and that there is time left to battle climate change, but this belief has faded recently

# Steady decline in those who believe their personal actions can improve the environment

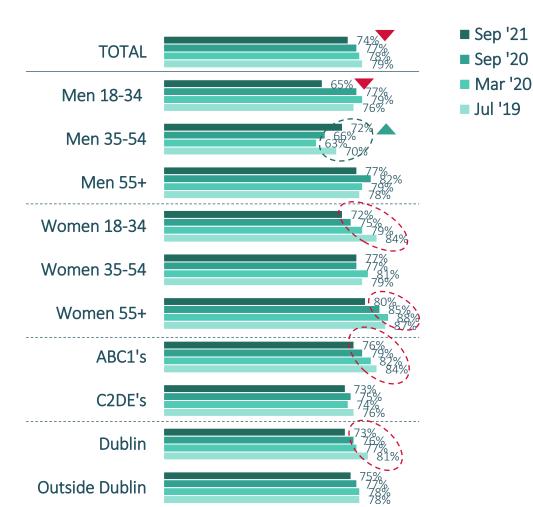






(Q.1 - How much do you agree or disagree with the following statements with regard to your personal views on the environment?)

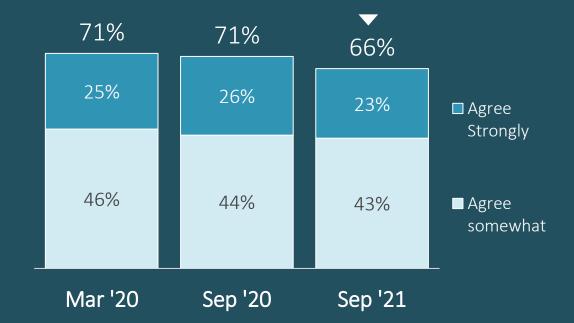
# Younger men drive this decline, and we see other groups declining too





### We also see decline in those who feel there is still time left to reverse climate change effects

There is still time left for us to reverse the effects of climate change

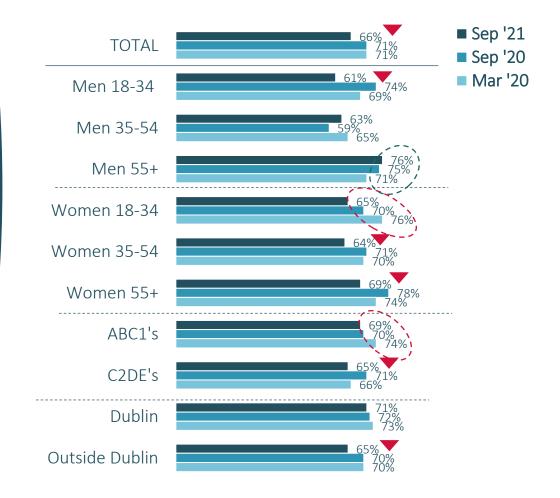




(Q.1 - How much do you agree or disagree with the following statements with regard to your personal views on the environment?)

### Younger men and women have grown more jaded since last year



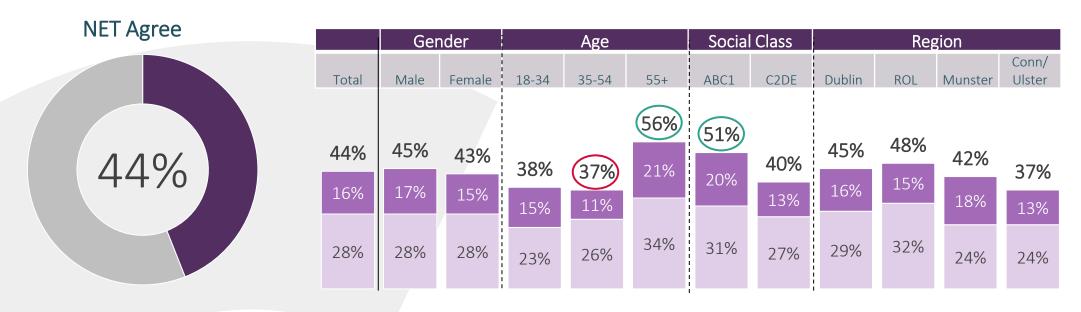


#### Some see COP 26 Conference as best last chance for climate action C

Those aged over 55 and higher social grades are the most likely to believe the upcoming UN climate change conference is our best last chance to get climate change under control.

The COP 26 UN Climate Change Conference taking place from 31 Oct to 12 Nov 2021 is the world's best last chance to get runaway climate change under control







Significantly higher/lower than national average

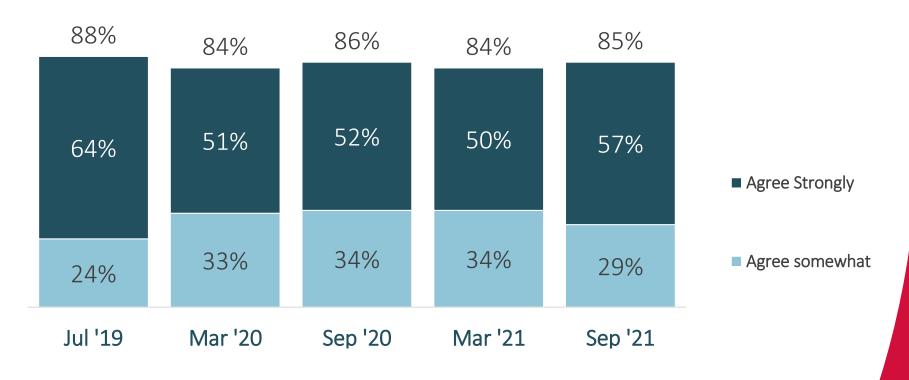
(Q.1 - How much do you agree or disagree with the following statements with regard to your personal views on the environment?)

(Base: all adults aged 18+)

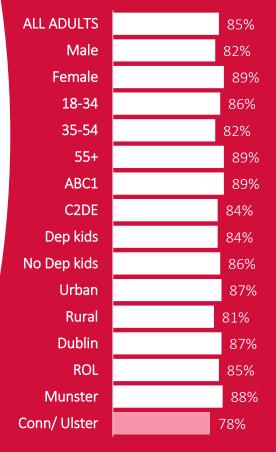
Good news is that climate crisis looms in peoples' minds, with resistance to change easing and half claiming to have changed behaviour due to weather reporting

## People remain steadfast in belief that action is needed now in order to protect our children

We need to take action now on the environment to protect our children



Broad agreement across demographics that action is needed, with the exception being the Conn/Ulster

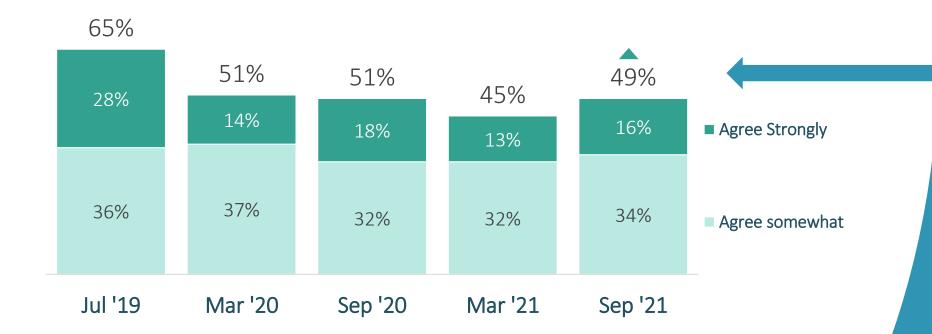




## We also see resurgence in perceived effect of environmental problems on one's life

Despite this increase, however, half of the adult population still do not see environmental problems as having a direct effect on their life today.









## Recent increase is especially driven by:

- Men aged 35-54
- C1-C2 social grades
- Munster and Conn/Ulster regions

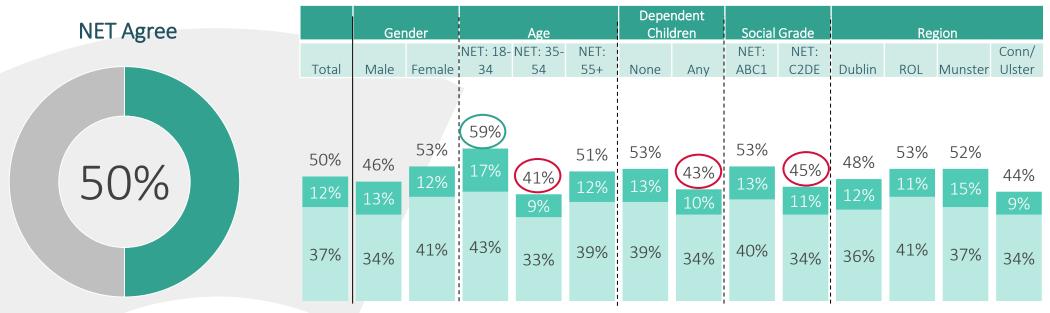
### Weather reporting seems to have positive effect on behaviour



Half of the ROI population claims to have changed their behaviour as a result of extreme weather reporting, with this especially prevalent amongst 18-34-year-olds who this messaging is cutting through to.

The reporting of extreme global weather events has prompted me to change my behaviour in the past 6 months and live more sustainably







Significantly higher/lower than national average

(Q.1 - How much do you agree or disagree with the following statements with regard to your personal views on the environment?)

(Base: all adults aged 18+)

# Resistance to lifestyle changes has eased after a full year of growing resistance to change

I would like to live more sustainably, but I'm just not willing to make changes to my current lifestyle

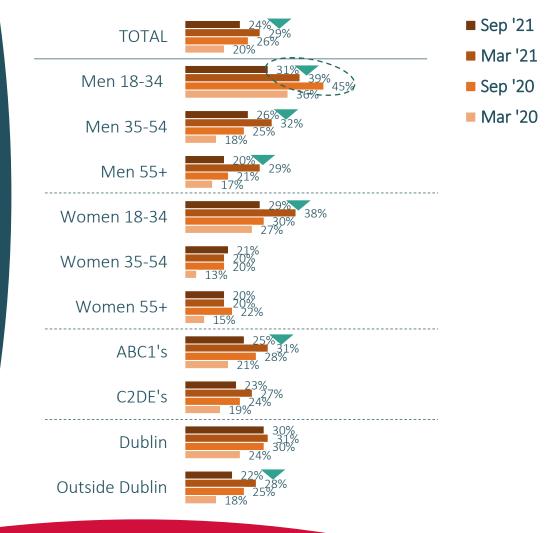




#### $(\mbox{Q.1}$ - How much do you agree or disagree with the following statements with regard to your personal views on the environment?)

## This lowered resistance to change is driven especially by younger people





Most people are consciously reducing food waste and energy usage at home, but need to remind others that their personal actions can make a difference

### Majority of population is trying to limit food and energy waste



For brands with eco products, opportunity to target the nearly 3 in 5 who regularly using these products.

UN's Top 10 impact actions for tackling the climate crisis

83% 🗖

Cut food waste, as well as compost leftovers and/or use brown bin 80% T

Save energy at home (e.g. lowering heating/cooling)

60%2

Reduce, reuse, repair and recycle

57%

Regularly use ecofriendly products 43% 於是

Regularly walk, cycle, or take public transport instead of using petrol/diesel vehicle

38% 🕌

Use energy supplier committed to renewables sources

34% 🕏

Regularly eat plantbased foods and limit meat/dairy consumption 33%**>** 

Avoid flying because of environmental impact

12%

Engage with local/national leaders on climate action

5% t<del>~</del>

Own electric vehicle (either new or used)

### 18-34's and 55+ ages are leading the sustainability charge



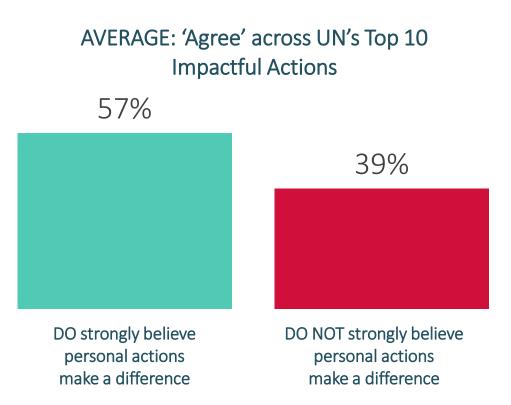
Younger ages more likely than 35+ ages to partake in alternative impact actions, with this group and higher SG's more likely to use eco-friendly products and to regularly use plant-based foods.

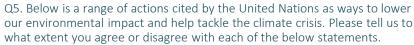
UN's Top 10 impact actions for tackling the climate crisis

			Gender			Age	Age		Social Grade		Region			
			Male	Female	18-34	35-54	55+	ABC1	C2DE	Dublin	ROL	Munster	Conn/ Ulster	
Cut food waste, as well as compost leftovers and/or use brown bin	9	83%												
Save energy at home (e.g. lowering heating/cooling)	T	80%												
Reduce, reuse, repair and recycle	20	60%												
Regularly use eco-friendly products	Y	57%												
Regularly walk, cycle, or take public transport instead of using petrol/diesel vehicle	方が量	43%												
Use energy supplier committed to renewables sources	**	38%												
Regularly eat plant-based foods and limit meat/dairy consumption	Ý	34%												
Avoid flying because of environmental impact	<b>+</b>	33%												
Engage with local/national leaders on climate action		12%												
Own electric vehicle (either new or used)	t <del>, .</del>	5%												

## How to spur further action? Need to reinforce belief that personal actions make a difference

We see higher incidence of Top 10 UN Impactful Environmental Actions amongst those who strongly believe their personal actions make a difference











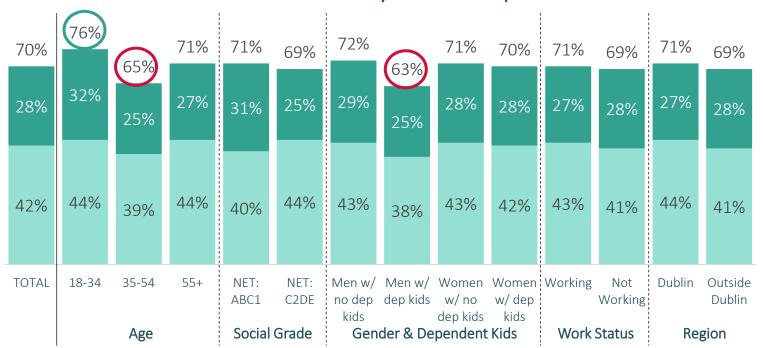
## Eco-Friendly products

Use of eco-friendly products is especially prevalent amongst those who strongly believe that their personal actions can make a difference with the environment

## There is also appetite to use remote working to help reduce impact

We see this appetite is especially strong amongst younger people, although there are those who may find this challenging with young children.

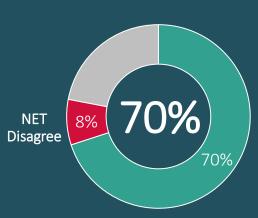
### In order to reduce carbon emissions, people should work remotely as much as possible





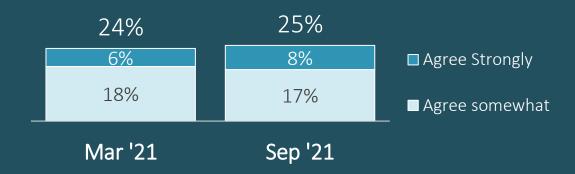
Only 8% of the population disagree that we should work remotely to reduce carbon emissions



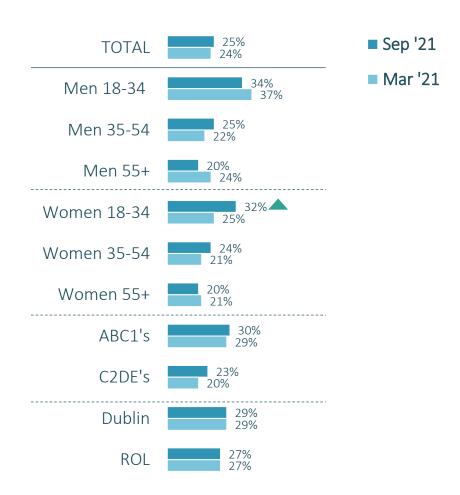


# And we see slight uptick in those interested in getting e-cars in next 2-3 years

I plan to get an electric-only car (either new or used) within the next 2-3 years









 $(\mbox{Q.1}$  - How much do you agree or disagree with the following statements with regard to your personal views on the environment?)



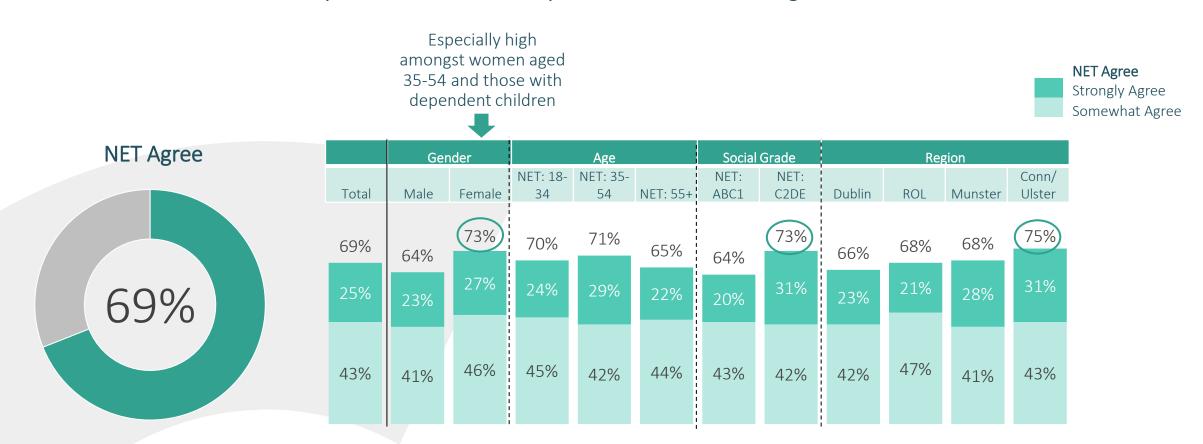
Most people, especially lower social grades, feel they are not able to live more sustainably because of their financial situation

### Many feel their ability to change is limited by finances



Those most likely to feel this way are lower social grades, those in Conn/Ulster, and women, especially those aged 35-54 and women with dependent children.

I would like to live more sustainably, but I cannot financially afford to make the changes needed to do so





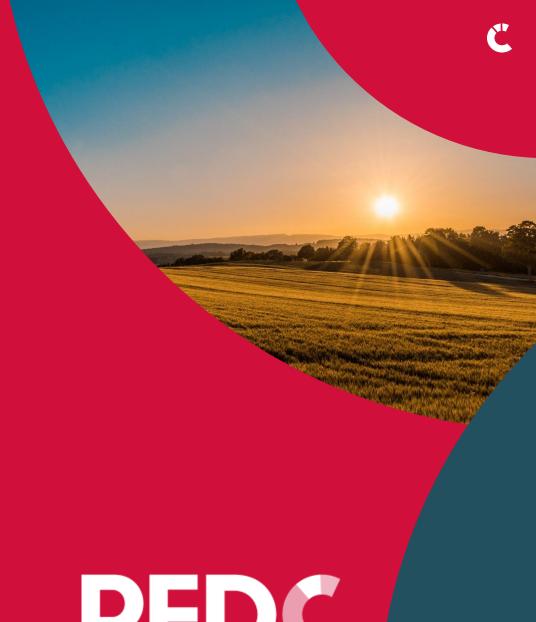
Significantly higher/lower than national average

(Q.1 - How much do you agree or disagree with the following statements with regard to your personal views on the environment?)

(Base: all adults aged 18+)

## RESEARCH EVALUATION DIRECTION CLARITY

See More, Clearly



REDC